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PRESS RELEASE

FOR IMMEDIATE RELEASE

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SSAC's "Wednesday Walk" program returning in April; "Technology for Seniors" continues

Kerrville, Texas (March 24, 2023) – After a winter hiatus, the Senior Services Advisory Committee's "Wednesday Walk" program is returning in April.

Wednesday Walk begins April 5. Come join us every Wednesday at 5:30 p.m. at the Dietert Center Trail Head for a short walk to the Riverside Nature Center and back. Feel free to walk with us all the way along the beautiful Kerrville River Trail or just part of the way if you wish.



Let's Walk!

Wednesday Walk with the Senior Services Advisory Committee

Meet at the Dietert Center every Wednesday at 5:30 p.m. Walk to the Riverside Nature Center and back.

Senior Services
Advisory Committee

DIETERT CENTER
Enrich Your Life



In addition, the SSCA's free "Technology for Seniors" program, which features experienced volunteers answering questions about phones, tablets and laptops, continues three times monthly:

- The second Friday of each month from 2-4 p.m. at the Dietert Center, 451 Guadalupe

St.

- The third Thursday of each month from 2-4 p.m. at the Doyle Community Center, 110 W. Barnett St.
- The fourth Thursday of each month from 2-4 p.m. at the Butt-Holdsworth Memorial Library, 505 Water St.

Come join us for both programs. You can stay in shape AND learn to send photos of your walking feats to all your friends via texts, Facebook, Instagram, Twitter, or the social media platform of your choice!



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