



MARCH 23, 2023

## MINUTES

On March 23, 2023, the Senior Services meeting was called to order at 2:00 p.m. in the Large Upstairs Conference Room at City Hall, 701 Main Street, Kerrville, TX.

### Members Present (Quorum = 5):

Mike Ezer  
Tammy Heathman  
Waverly Jones - Chair  
Christine Klima - Vice Chair  
Karen Mattox  
Theresa Standage

### Members Absent:

Marilyne Cizmich  
Sandra Yarbrough  
Kenneth Zysko

### City Executive Staff Present:

Kim Meisner                      Assistant City Manager

### Visitors Present:

1. VISITORS/CITIZENS FORUM – N/A
2. CONSIDERATION AND POSSIBLE ACTION:

2.A. Approval of minutes for the Senior Services Advisory Committee meeting held February 23, 2023.

Christine Klima moved to approve the minutes, Mike Ezer seconded, and the motion passed.

2.B. Walk Across Texas – Angela Fiedler

Angela was not feeling well and could not attend. Karen Mattox provided an update on her team at Doyle. Their name is Heart of Doyle. Karen has been dancing to get her steps in. Movement such as walking, running, dancing, gardening, housework all count toward the goal of 20 minutes per day. The program is eight weeks and started 03/20/2023 and ends 05/15/2023.

2.C. Update on Technology for Seniors Classes. – Waverly Jones

Waverly provided an update. Doyle and Dietert have had 1-2 people and the library has had one person. Need to promote again. Market on Facebook and Press Release. Kim will email flyer to SSAC.

2.D. Wednesday Walk with Seniors - Update and Spring Kick Off – Waverly Jones

Kick off Spring in April. Start 04/05/2023 at 5:30 pm. Market on Facebook and Press Release.

2.E. Discuss and plan next annual SSAC Dance – Waverly Jones

Senior Christmas Social – Tuesday, 12/05/2023 from 2:00 pm – 4:00 pm at the Dietert Center. Clifton Fifer – line dancing, Schreiner University – choir performance.

2.F. 2023 AARP Community Challenge Grant – Submitted 02/27/2023. Should receive decision in May 2023. Five benches (@\$2,000 each) and five trees (@\$1,000 each) = \$15,000 – Waverly Jones

Hopefully in May we will get an email that we were approved.

3. ITEMS FOR FUTURE AGENDAS:

Committee members may suggest items or topics for future agendas.

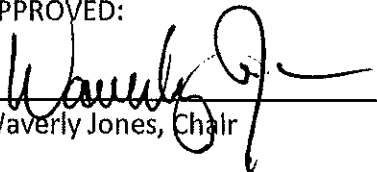
- Update on Technology Classes – Waverly
- Update on Wednesday Walk with Seniors – Waverly
- Discussion/Ideas for SSAC Dance – Waverly
- KerrKind Demonstration - Theresa

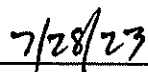
Next meeting to be held on Thursday, April 27, 2023.

ADJOURNMENT

The meeting was adjourned at 2:35 p.m.

APPROVED:

  
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 Waverly Jones, Chair

  
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 Date approved

ATTEST:

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 Kimberly Melsmer, Assistant City Manager