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PRESS RELEASE

FOR IMMEDIATE RELEASE

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National “Get Outdoors Day” June 9

Kerrville, Texas (May 1, 2018) – The Kerrville Parks and Recreation Department presents its annual *Get Outdoors Day* event to be held on June 9 from 11 a.m. to 3 p.m. at Louise Hays Park, 202 Thompson Dr. Admission is free to the public.

The *National Get Outdoors Day* promotes healthy and adventurous living in the outdoor, natural spaces the earth provides.

“The goal of this event is to reconnect our youth and families to the great outdoors through traditional and non-traditional programming and recreation activities,” Parks and Recreation Director Ashlea Boyle said. “We have a beautiful parks system. Let’s put down the electronics, grab your family and friends, get outdoors and have a good time.”

There will be a lot of fun and exciting activities to do, including but not limited to:

- fitness classes in the park, such as:
 - Zumba from the *Kroc Center* instructors
 - Fitness Dancing from *Team Beauty*

- Cardio kickboxing from *P31 Fitness*
- Boot camp from *Camp Gladiator* instructors
- bubble soccer, bounce houses, dunking booths and Nerf Wars;
- arts and crafts and nature walks;
- animal education and petting zoos;
- food trucks and farmers market vendors.

There will also be a Kerrville Craft Beer Run and a sand volleyball tournament (registration fees apply). The Craft Beer Run, a 5K along the River Trail sponsored by Pint & Plow and Basement Brewers of Texas, begins at 9:30 a.m. Contact jake@pintandplow.com for more information.

The sand volleyball tournament is sponsored by Parks and Recreation with assistance from H-E-B. The tournament begins at 5:30 p.m. at the Lehmann and Monroe Park volleyball courts. It will be a 4-on-4, round-robin, one-game match tournament. The fee is \$20 per team. The tournament will also have food, yard-games, music, and raffle prizes.

“We are also looking for nominees to be in our dunking booth,” said Josh Rodrigue, Parks and Recreation specialist. “If you would like to nominate yourself or someone else, please let us know. In addition, if you are interested in participating in this event, we would love the opportunity to work with you.”

If you would like more information about *Get Outdoors Day* programming and events, contact Rodrigue at (830) 258–1151, via e-mail to josh.rodrigue@kerrvilletx.gov, or visit the city’s website at www.kerrvilletx.gov.



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